

Services for families:

Sutherland Shire Family Services (SSFS) Family Worker programs provide a range of support options to children, young people and their families living in the Sutherland Shire. The SSFS Aboriginal Family Worker program provides services to Aboriginal families living in both Sutherland Shire and the St George area.

SERVICES INCLUDE: home visits, case management, advocacy, information, referral, group work programs and limited respite child care.

Family Workers provide assistance to families who, for a variety of reasons, would benefit from additional support. Family Workers aim to assist families with strategies which will enhance parent/child relationships, help parents gain confidence with parenting skills, enhance safety for women and children as well as increase and strengthen a family's supportive connections and social networks.

Families can self refer or may prefer to have a professional or family member make the referral on their behalf. Referrals can be made by contacting the service on the numbers provided.

**Supporting families,
strengthening our community**

Contact us

Sutherland Shire Family Services Inc.

The Shire Family Centre
90 Soldiers Road
JANNALI NSW 2226

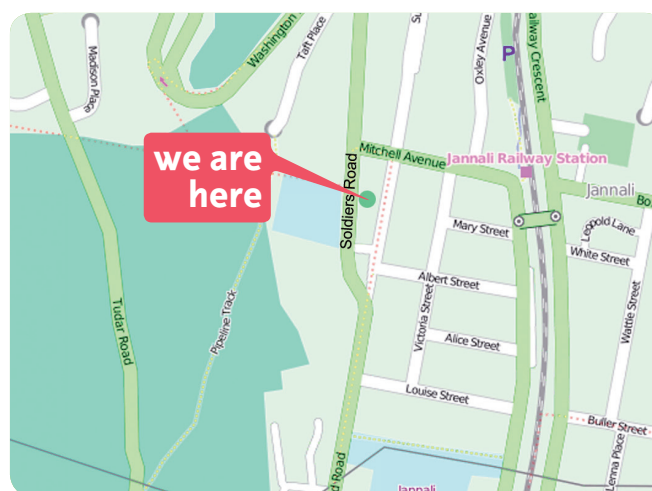
HOURS: Monday–Friday 9am–4pm

PHONE: 9528 2933

FAX: 9528 2633

EMAIL: info@ssfs.org.au

WEB: www.ssfs.org.au



What does a Family Support Worker do?

Family Workers are caring professionals who will:

- ✓ Arrange to meet with you either in your home or a safe place of your choice
- ✓ Provide a flexible, friendly and caring approach to working with your children and family
- ✓ Be respectful of you, your children and your family
- ✓ Listen to you and help you to make decisions, clarify your concerns and look at options
- ✓ Be someone you can feel safe to talk to who will understand you and your situation
- ✓ Use counselling skills to talk with you about things that may be worrying you and your family
- ✓ Understand that every family is unique and has different needs

- ✓ Gather relevant information which may help you to make decisions
- ✓ Assist you to understand who else may be available to help
- ✓ Help set goals and work on the things that are important to you and your family
- ✓ Raise awareness within the community about the issues which are impacting on children, young people and their families
- ✓ Help you find ways to feel more connected with your children, family and community
- ✓ Be sensitive to your culture, respect your choices, give you time, be flexible and transparent – without judging you
- ✓ talk with you about the things that are working well within your family

- ✓ Work with one family member – or many
- ✓ Develop and deliver group work programs which will meet the varied and changeable needs of children and families in our community
- ✓ Keep up to date with the latest information, training and research to better support children and families
- ✓ ‘Walk with you’ in expressing your concerns with or about government agencies, including Centrelink, housing, education and police
- ✓ Be a safe option when things get tough

Artwork by Ximena Hendry

